



## ITINERARY | DAY-BY-DAY

CAREER ENRICHMENT



### Speech-Language Pathology & Audiology Journey to South Africa!

12 days / 9 nights

June 3-13, 2024 \*arrival back in U.S. on June 14

\$5,999 (Including flights. Based on double occupancy)

\$799 (single supplement)

Join esteemed SLP leaders **Dr. Dolores Battle** (past president ASHA) and **Dr. Kia Johnson** (immediate past chair NBASLH) in South Africa to explore how SLP services are delivered in urban and rural communities. Meet with fellow practitioners and association leaders while also exploring the rich culture and heritage of Johannesburg and Cape Town.

*\* Note that CEU credits are being sought through the journey leader. Additional information will be disseminated as the group forms.*

#### Focus on Professional Interaction

- ✓ Meet with the **South African Speech-Language-Hearing Association (SASLHA)** for an overview of SLP and audiology as a professional.
- ✓ Interact with **speech-language pathology and audiology professionals** from a variety of facilities in both Johannesburg and Cape Town. **Meaningful interaction and collaboration** with SLP and audiology counterparts will focus on the greatest challenges faced in the provision of services as well as other topics of interest.
- ✓ Participants in this journey will **enhance their understanding and appreciation of the culture and history** of the South African people while learning about the rich diversity of individuals treated.

#### Program Highlights

- ✓ Embark on an exploration of the darkest years in South African history at the **Apartheid Museum** as well as a driving tour of the **South Western Township (Soweto)**.
- ✓ Giving back and engaging with the local community is an important part of your journey. **Visit a facility in an under-resourced community** that serves those with different abilities and their families.
- ✓ Explore **Pilanesberg Game Reserve**, known for Big 5 game viewing in a malaria free environment and just a short 2-hour drive from Johannesburg.
- ✓ **Accompanying guest program** – *Professional members and their guests are welcome. Alternate privately guided activities will be provided for accompanying guests.*

#### What's Included:

- 4\* accommodations throughout.
- All transportation and activities outlined in the itinerary.
- Group transfers to and from the international airports
- International air to and from South Africa (gateway tentatively Washington, DC area).
- Local English-speaking guides.
- Meals as mentioned and some tips.

#### Not Included:

- Personal expenses at the hotels.
- Meals not specified.
- Tips for national guide.
- Passport renewal or issuance.
- Domestic flight to gateway city.
- Departure taxes where applicable.



South Africa | [www.nandajourneys.com](http://www.nandajourneys.com) | 888-747-7501





📍 Washington, DC (IAD)

**DAY 1- Monday, June 3, 2024**  
**Depart for South Africa**

Depart early this evening and make your way to South Africa.

With a dynamic fusion of African, European, and Asian influences, South Africa is a place of vibrant cultural diversity. Years after its emergence from apartheid, the nation has become a fascinating mix of history and modernity, of ancient traditions and new ideas.

📍 Johannesburg, South Africa

**DAY 2 - Tuesday, June 4**  
**Arrival in Johannesburg**

Upon arrival at Johannesburg International airport, you will meet your local guide. Transfer to the hotel for check-in (starts at 2pm), dinner and overnight.

**Johannesburg** is currently the largest city in Southern Africa with more than six million people and urbanization at 97%. It is a city of contrasts with wealthy suburbs and commercial centers alongside informal settlements, Indian bazaars and African *muti* (medicine) shops, where traditional healers dispense advice and traditional medicine. Johannesburg is in Gauteng Province. "Gauteng" is a Sotho word meaning Place of Gold.

**Southern Sun Sandton** is in the heart of Sandton and close to shopping and entertainment with a nearby Gautrain Station just moments away. The hotel has onsite dining, a bar and a fitness center with a rooftop pool. Guest rooms are soundproof with blackout curtains and have free Wi-Fi, AC, workstation, walk in shower or bath/shower combo, bathroom amenities.

Enjoy a welcome dinner this evening.

**Overnight: Southern Sun Sandton (or similar)**  
**Included meals: Dinner**

📍 Johannesburg, South Africa

**DAY 3 - Wednesday, June 5**  
**Welcome and Orientation**

After breakfast (provided daily), take part in an **orientation and welcome briefing** on South Africa with South Africa partner Keira Powers. This comprehensive briefing covers an introduction to your local staff, some historical background, and current information on South African society and economy.

Immediately following, the group will embark on an exploration of the darkest years in South African history at the **Apartheid Museum**. Likened to the Holocaust Museum in Washington, D.C., this haunting museum takes you into the beating heart of the struggle for freedom from apartheid, the grip of the National Party's regime during apartheid, and the giddy days of liberation.

Lunch will be provided at a local restaurant.

Explore the massive **South Western Township (Soweto)** of Johannesburg, the biggest city in South Africa and heart of the Freedom Struggle. In Kliptown, pay a visit **Freedom Square**, a place where the Freedom Charter was adopted as the guiding document of the Congress Alliance. In Orlando is the famous **Vilakazi Street**, which has been home to two Nobel peace prize winners and the Hector Pieterse Memorial, the site where the student uprisings of '76 began.

Dinner is by individual arrangement (own expense).

**Overnight: Southern Sun Sandton (or similar)**  
**Included meals: Breakfast & Lunch**





## ITINERARY | DAY-BY-DAY

### 📍 Johannesburg, South Africa

#### DAY 4 – Thursday, June 6 Professional Interaction

Start the day with an introductory speaker from an organization such as the **South African Speech-Language-Hearing Association** for an overview of the state of speech-language pathology and audiology services in South Africa. Chat with a representative of their new **Literacy Task Team** who are researching ways to formulate effective recommendations on how SASLHA can advocate for improved literacy practices in South Africa due to current shortfalls in reading comprehension amongst local children. Discuss what types of services are available in South Africa, how children with special needs are serviced and in general discover the primary health care and education needs in the country. Uncover the rich history of this diverse country as well as learn about the advances made in narrowing healthcare and education disparities in the post-apartheid era.

Lunch will be provided at a local restaurant today.

A meeting will be requested for this afternoon with local schools, medical facilities and/or a local university such as the **University of the Witwatersrand (Wits)** Speech Pathology & Audiology Department. Discuss what programs they have for preparation of speech language pathologists and audiologists in South Africa. Learn about the research needs for people with speech language hearing needs in South Africa. Explore the challenges that remain as the country transforms to a democratic healthcare and education system.

#### **Guest program:**

*Guests will venture to Pretoria, South Africa's political capital filled with stunning architectural and cultural history. At the Voortrekker Monument, see an unparalleled view of the city and take a moment to reflect upon the importance and long-term repercussions of the actions of the first whites to conquer South Africa's interior and northern territories. Later, visit Church Square and the Union Buildings, which are the seat of the South African national government and site of Nelson Mandela's presidential inauguration.*

Dinner is by individual arrangement (own expense).

#### **Overnight: Southern Sun Sandton (or similar)**

**Included meals: Breakfast & Lunch**

### 📍 Pilanesberg, South Africa

#### DAY 5 – Friday, June 7 Safari Time!

Say goodbye to Johannesburg today. Travel north via private motor coach to the **Pilanesberg Game Reserve** (2 hours). Pilanesberg Game Reserve offers safari's as Big 5 and most other large mammals of Southern Africa are represented in the reserve.

**Bakubung Bush Lodge** has much to offer and is situated at one of the reserve gates for your convenience. They have a shuttle that runs to Sun City which is nearby (resort and casino area). They have onsite tennis, cricket and volleyball along with a spa, internet lounge, and a pool.

Lunch will be provided after arrival at the lodge.

**Enjoy an afternoon safari!** The park has over 7000 animals including the Big Five: lion, leopard, elephant, buffalo, and rhinoceros. Your safari guides will help you see how the animals blend into their surroundings, and you may encounter animals, birds and learn about the flora and fauna of the region.

Dinner will be provided at the lodge this evening.

#### **Overnight: Bakubung Bush Lodge (or similar)**

**Included meals: Breakfast, Lunch & Dinner**







### 📍 Pilanesberg, South Africa

## DAY 6 – Saturday, June 8 Game Drive

As the animals prefer to feed during the cool temperatures of early morning, you will venture out early in an **open game vehicle** to witness exotic plant and animal life in the gentle light of the dawn. You may see lazy hippos and crocodiles along the riverbank, and your guide will help you be on the lookout for the Big Five—lion, Cape buffalo, rhinoceros, leopard, and elephant. Take in stunning South African beauty among the ever-present giraffe, zebra, kudu, impala, and warthog.

Return for lunch at the lodge and enjoy some free time to relax and find respite from the afternoon heat before experiencing another exclusive evening game-spotting adventure.

**Overnight: Bakubung Bush Lodge (or similar)**  
**Included meals: Breakfast, Lunch & Dinner**



### 📍 Cape Town, South Africa

## DAY 7 – Sunday, June 9 Fly to Cape Town

Enjoy one last morning game drive before returning via motor coach to O.R. Tambo International Airport in Johannesburg. Lunch is on your own today if not included in your afternoon flight.

Fly to the southern city of **Cape Town** this afternoon. The oldest port in southern Africa, Cape Town is regularly heralded as one of the most beautiful cities on earth. Tucked into the arms of a broad bay, it is surrounded by white-sand beaches. Cape Town's Mediterranean look and feel attracts visitors from around the world, and it was the first place settled by European settlers, entrepreneurs, and religious refugees.

The **Southern Sun The Cullinan** hotel is located in one of Cape Town's most sought after areas, within easy reach of the Victoria and Alfred Waterfront. The hotel has a outdoor heated pool, fitness center, conference facilities, onsite dining and a bar. Guest rooms have all the amenities you will need including AC, minifridge, free Wi-Fi, bathroom amenities, safe and more.

Dinner will be provided this evening.

**Overnight: Southern Sun The Cullinan (or similar)**  
**Included meals: Breakfast & Dinner**



📍 Cape Town, South Africa

**DAY 8 – Monday, June 10**  
**Sightseeing & Midday Meeting**

This morning you will visit **Robben Island** (weather permitting), once described by Nelson Mandela as “the harshest, most iron-fisted outpost in the South African penal system,” has become an international symbol of the triumph of the human spirit. Today Robben Island is a living museum and World Heritage Site, a tangible reminder of the past and a symbol of hope for the future.

After lunch the group will **visit a clinic or facility in an under-resourced community** that serves those with different abilities and their families. Learn about their programs to prepare the differently abled for independent, productive, and happy lives. Exchange information on how children with special needs are served in the schools and community, special education programs and the role of speech-language pathologists, and partnerships for the sustainability of care.

If weather permits, you will have the opportunity to ascend **Table Mountain** via a revolving aerial cable car this afternoon. This iconic symbol of Cape Town is a UNESCO World Heritage Site offering stunning views of the entire Cape Peninsula, the Atlantic and Indian Oceans, Cape Town, and the harbor.

Dinner is by individual arrangement (own expense).

**Overnight: Southern Sun The Cullinan (or similar)**  
**Included meals: Breakfast & Lunch**

📍 Cape Town, South Africa

**DAY 9 – Tuesday, June 11**  
**Professional Exchange**

As a model for the development of speech-language services across the African continent, the program will provide an opportunity to visit a **local primary school** as well as **research academic institutions** that are paving the way for the future of South Africa.

Today is set aside for continued professional interaction with your speech-language pathology and audiology counterparts to see a local school as well as a facility such as the **Reading Language Gym**. Opened in 2007, they provide intensive training for learners with specific barriers to literacy (dyslexia) and language-related learning challenges, from grades 1 to 12. They work within a model of ability rather than disability.

**Guest program:**

*Guests will escape to the Cape Winelands, where breathtaking vistas, majestic mountain backdrops, rolling vineyards, and quaint Cape Dutch homesteads characterize the famous and award-winning wine estates. Savor the rich history and culture of Stellenbosch, a historic Dutch colonial town now home to one of the country’s best universities.*

Lunch will be provided with dinner by individual arrangement (own expense).

**Overnight: Southern Sun The Cullinan (or similar)**  
**Included meals: Breakfast & Lunch**







### 📍 Cape Town, South Africa

## DAY 10 - Wednesday, June 12 Cape Point Tour & Botanical Gardens

Spend the day with fellow travelers enjoying the sights in and around Cape Town. Explore the countryside via a motor coach tour of the **Cape Peninsula** all the way to the **Cape of Good Hope** (Cape Point) in Table Mountain National Park. Extraordinary care has been taken to protect this lush reserve of indigenous flora and fauna, and the striking natural beauty of the area makes it a destination for both foreign and local visitors.

After lunch, stop to see the rare **African penguins** in their natural surroundings at Boulders Beach. There are few places in the world where you can get this close to a breeding colony of penguins and you'll get a firsthand look at these flightless birds as they roam freely around the area.

On the way back to town, stop to take a walk through the **Kirstenbosch National Botanical Gardens** to see some extraordinary indigenous plants.

Say goodbye as you reflect and share memories over a **farewell dinner** at a local restaurant.

**Overnight: Southern Sun The Cullinan (or similar)**

**Included meals: Breakfast, Lunch & Dinner**

### 📍 Departure

## DAY 11 - Thursday, June 13 Departure

Fly back to the U.S. today with arrival the following morning. The morning is yours to explore independently and prepare for hotel check-out.

Lunch is on your own this afternoon with meal service provided on your international flight home.

**Included meals: Breakfast**

### 📍 Arrival

## DAY 12 - Friday, June 14 Arrival in US

Arrive back in the US this morning to connect to your flight home.



## ITINERARY | DAY-BY-DAY

📍 Johannesburg, South Africa

### **Southern Sun Sandton**

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Sandton, Gauteng Province  
South Africa

**Telephone:** +27-11-282-0000

<https://www.southernsun.com/southern-sun-sandton>



📍 Pilanesberg, South Africa

### **Bakubung Bush Lodge**

Kubu Street, Bakubung Gate  
Pilanesberg National Park 0316  
South Africa

**Telephone:** +27-14-552-6000

<https://www.legacyhotels.co.za/hotels/bakubung-bush-lodge>



📍 Cape Town, South Africa

### **Southern Sun The Cullinan**

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Cape Town 8001  
South Africa

**Telephone:** +27-21-415-4000

<https://www.southernsun.com/the-cullinan>

